



DEDICATED TO SERVICING  
Sooke and surrounding  
communities

# WESTERN FOODS

## YOUR COMMUNITY FOOD STORE



EVERGREEN CENTRE, 6660 SOOKE ROAD, SOOKE, BC • (250) 642-4134 • OPEN 7:00AM - 9:00PM DAILY  
HOT DELI FOODS 9:00AM - 8:00PM • FRESH PRODUCE, MEAT & BAKERY • THURSDAYS ARE SENIORS' DAY



PRICES  
EFFECTIVE  
**SEPT./OCT. 2026**  
FRI SAT SUN MON TUES WED THURS  
**25 26 27 28 29 30 1**

**HARVEST  
SUPER SAVER**  
STARTS NEXT WEEK!



SEPTEMBER 30  
**NATIONAL DAY  
OF TRUTH AND  
RECONCILIATION**

**Mitchell's  
Smoked Ham**  
Country Style, 1.5 kg.

Each **14<sup>98</sup>**



**Russet  
Potatoes**

Red or Yellow, Canadian Grown  
Canada #1 Grade, 5 lb. Bag

**2<sup>FOR</sup> \$7**



**Honeycrisp  
Apples**

Canadian Grown, Canada Extra Fancy  
kg. 5.47

**2<sup>48</sup>**  
lb.



**Western Family  
Deep Dish  
Pie Shells**  
Frozen, 380 g.

**2<sup>FOR</sup> \$5**



**Chapman's  
Markdale Creamery  
Ice Cream**  
Select Varieties, 4 litre

**8<sup>98</sup>**



*Celebrate Food*  
**NATIONAL  
COFFEE DAY**

- September 29, 2026 -



*Nabob*  
**Coffee**

Select Varieties  
300-340 g.

**10<sup>98</sup>**



*Western Family*  
**Coffee**

Select Varieties  
30 Pods

**19<sup>98</sup>**



*Dairyland*  
**Coffee Cream**

18%, 473 ml.  
\*Plus Deposit

**2<sup>98</sup>**



*Christie*  
**Cookies**

Select Varieties  
285-488 g.

**6<sup>98</sup>**



*Pepperidge Farm*  
**Cookies**

Monaco or Sausalito  
200-213 g.

**2<sup>FOR</sup> \$8**



# BUTCHER SHOPPE

## Pork Loin Chops

Bone-In, Value Pack, kg. 10.98

lb. **4<sup>98</sup>**



## Western Family Ham

Hickory Smoked, Butt and Shank  
kg. 6.57

lb. **2<sup>98</sup>**



## Pork Loin Roast

Bone-In  
kg. 10.98

lb. **3<sup>98</sup>**



## Pork Hocks

kg. 8.77

lb. **3<sup>98</sup>**



## Sugardale Ham Steak

Bone-In, 1 kg.

Each **4<sup>98</sup>**



## Prime Rib Roast

AAA, kg. 44.05

lb. **19<sup>98</sup>**



CANADIAN BEEF

## Lean Ground Pork

kg. 8.77

lb. **3<sup>98</sup>**



## Pork Tenderloin

Value Pack  
kg. 13.18

lb. **5<sup>98</sup>**



## Maple Leaf Sausage Meat

500 g.

Each **9<sup>98</sup>**



## Split Chicken Wings

Value Pack  
kg. 10.98

lb. **4<sup>98</sup>**



## Boneless Skinless Chicken Breasts

Value Pack, kg. 17.59

lb. **7<sup>98</sup>**



## Bone-In Rib Steak

AAA  
kg. 50.66

lb. **22<sup>98</sup>**



## Sirloin Tip Steak

Value Pack  
kg. 22.00

lb. **9<sup>98</sup>**



## Sirloin Tip Roast

kg. 19.80

lb. **8<sup>98</sup>**



# SMOKED & PACKAGED MEATS

## Harvest Wieners

Select Varieties  
675 g.

Each **10<sup>98</sup>**



## Freybe A Taste of Europe

Select Varieties  
100 g.

2 FOR **\$10**



## Freybe Pate

Select Varieties  
200 g.

2 FOR **\$9**



## Crimm's Sausage

Select Varieties  
300 g.

Each **8<sup>98</sup>**



## Olymel Sliced Meat

Select Varieties  
250-500 g.

Each **5<sup>98</sup>**



## Lafleur Ham Halves

Select Varieties  
550 g.

Each **10<sup>48</sup>**



## Maple Leaf Top Dogs

Original or BBQ  
900 g.

Each **12<sup>98</sup>**



## Carver's Choice Bacon

1 kg.

Each **9<sup>98</sup>**



## Maple Leaf Natural Selections Sliced Meat

Select Varieties  
175 g. .... Each

**5<sup>98</sup>**

**12<sup>98</sup>**

**5<sup>98</sup>**

**9<sup>98</sup>**

**14<sup>98</sup>**

**8<sup>98</sup>**

## DELI

DELI SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.

### Black Forest Ham

or Old Fashioned

Per 100 g. **1<sup>98</sup>**

### Freybe Deli Landjaegar

Spanish Chorizo or Farmer's Sausage

Per 100 g. **3<sup>98</sup>**

### Freybe Deli Sausage

Select Varieties

Per 100 g. **1<sup>98</sup>**

### Western Family Dips

Select Varieties

227 g. Each **3<sup>98</sup>**

## SEAFOOD

SEAFOOD SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.



### Atlantic Salmon Fillet

Skin On, 300 g.

Per 100 g. **5<sup>98</sup>**



### Sockeye Salmon Fillet

Skin On 300 g.

Per Each **4<sup>48</sup>**

### Western Family Shrimp Ring

Frozen 227 g.

Each **6<sup>98</sup>**



### Western Family Prawn Platter

with Sauce, Frozen 454 g.

Each **14<sup>98</sup>**



### HighLiner Chips & Fish

English Style, Frozen 550 g.

Each **7<sup>98</sup>**



### Western Family Seafood Cocktail Sauce

or Horseradish 250 ml.

**2<sup>FOR</sup> \$6**



## DAIRY DELIGHTS

### Olympic Sour Cream

Organic, 14% 500 ml.

**4<sup>98</sup>**

### Saputo Feta

Traditional 400 g.

**6<sup>98</sup>**

### Black Diamond Slices

Cheddar Style, 410 g.

**2<sup>FOR</sup> \$7**



**HOT! DEAL**



### Black Diamond Cheestrings

or Slices, Select Varieties 12-16 Pack or 825 g.

**7<sup>48</sup>**



### Parkay Margarine

Quarters or Soft Bowl 1.28-1.36 kg.

**7<sup>98</sup>**



### Lactantia Butter

Salted or Garlic 125 g.

**3<sup>FOR</sup> 7<sup>98</sup>**



### Black Diamond Shredded Cheese

Select Varieties 320 g.

**6<sup>48</sup>**



### Cracker Barrel Cheese

Select Varieties 600 g.

**10<sup>98</sup>**



### Kraft Parmesan

or Italian Blend, Grated 250 g.

**9<sup>98</sup>**



### Olympic Organic Yogurt

or Krema, Select Varieties 650 g.

**4<sup>98</sup>**



### Olympic Greek Yogurt

Select Varieties 650 g.

**5<sup>98</sup>**



### Oikos Pro Drinkable Yogurt

Select Varieties, 300 ml. \*Plus Deposit

**2<sup>98</sup>**



### Heluva Good Dip

Select Varieties 250 g.

**2<sup>FOR</sup> \$6**



### Lactantia Cream Cheese

Original 250 g.

**3<sup>78</sup>**



### Simply Lemonade

Limeade or Peach, Chilled Select Varieties, 1.54 litre \*Plus Deposit

**5<sup>48</sup>**



### Western Family Real Whipped Cream

225 g. Aerosol

**4<sup>98</sup>**



### Dairyland Old Fashioned Chocolate Milk

946 ml., \*Plus Deposit

**3<sup>48</sup>**



### Dairyland Whipping Cream

33%, 473 ml. \*Plus Deposit

**3<sup>48</sup>**



### Starbucks Coffee Enhancer

Select Varieties, 828 ml. \*Plus Deposit

**7<sup>48</sup>**



# BREAKFAST BUYS



## Kraft Hazelnut Spread

with Cocoa  
725 g.

**6<sup>98</sup>**



## Western Family Peanut Butter

Select Varieties  
500 g.

**2<sup>78</sup>**



## Western Family Pancake Mix

or Syrup, Select Varieties  
905 g. or 710 ml.

**2<sup>FOR</sup> \$9**



## Maxwell House Instant Coffee

Original or Decaf  
150 g.

**7<sup>48</sup>**



## Red Rose Orange Pekoe Tea

140 Bags or 12 K-Cups

**10<sup>98</sup>**



## Only Goodness Herbal Tea

Select Varieties  
20 Bags

**2<sup>FOR</sup> \$8**



## Western Family Hot Chocolate Mix

Rich or Mini Marshmallow  
500 g.

**5<sup>48</sup>**



## Western Family Cereal

Select Varieties  
400-775 g.

**2<sup>FOR</sup> \$11**



## Kellogg's Cereal

Select Varieties  
250-350 g.

**2<sup>FOR</sup> \$11**



## Weetabix Whole Grain Cereal

400 g.

**2<sup>FOR</sup> \$8**



## Quaker Quick Oats

Large Flakes or Steel Cut  
709 g.-1 kg.

**2<sup>FOR</sup> \$9**



# HOT DEALS FROM THE FREEZER

## M&M Food Market Beef Meatballs

Italian Style, Frozen  
907 g.

**14<sup>98</sup>**



## McCain Fries

Frozen, Select Varieties  
800 g.

**2<sup>FOR</sup> \$8**



## Cavendish Farms Hash Brown Patties

Frozen  
600 g.

**2<sup>FOR</sup> \$6**



## Healthy Choice Entrées

Frozen, Select Varieties  
269-292 g.

**5<sup>98</sup>**



## Kellogg's Eggo Waffles

Original or Blueberry, Frozen  
16 Pack

**6<sup>48</sup>**



## Chapman's Markdale Creamery Ice Cream

Select Varieties, 2 litre

**2<sup>FOR</sup> \$11**



## Western Family Tart Shells

Frozen  
570 g.

**5<sup>98</sup>**



## Western Family Cranberries

Frozen  
340 g.

**2<sup>FOR</sup> \$4**



## Chapman's Lil' Lolly

Fruit or Triple Treat  
28 Pack

**6<sup>48</sup>**



# BAKING

## Western Family Pure Vanilla Extract

125 ml.

**9<sup>98</sup>**



## Western Family Apple Sauce

Unsweetened  
620 ml.

**2<sup>FOR</sup> \$5**

## Western Family Baking Soda

Powder or Corn Starch  
225 g.-1 kg.

**2<sup>98</sup>**

## Western Family Walnuts

Halves & Pieces  
105 g.

**2<sup>98</sup>**

## Western Family Whole Hazelnuts

140 g.

**5<sup>48</sup>**

## Ocean Spray Craisins

Select Varieties  
142-170 g.

**2<sup>FOR</sup> \$5**

**2<sup>78</sup>**

**2<sup>78</sup>**

**2<sup>78</sup>**

**2<sup>78</sup>**

**2<sup>78</sup>**

**2<sup>78</sup>**

**2<sup>78</sup>**

## Robin Hood All Purpose Flour

10 kg.

**18<sup>98</sup>**



## Pacific Evaporated Milk

Regular or Light  
354 ml.

**2<sup>FOR</sup> \$5**



## Christie HoneyMaid Wafers

or Crumbs, Select Varieties  
400 g.

**5<sup>48</sup>**



# GROCERY ESSENTIALS



**Idahoan Mashed Potatoes**  
Select Varieties, 113 g.

**3 FOR \$3.99**

**HOT! DEAL**

## Primo Pasta

Select Varieties  
500-900 g.

**3 FOR \$7.98**



## Primo Tomato Sauce

or Pasta Sauce, Select Varieties  
680 ml.

**2 FOR \$5**



## Unico Pezzettoni Tomatoes

Diced  
398 ml.

**3 FOR \$4.98**



## Berio Olive Oil

Extra Virgin  
1 litre

**16.98**



## Primo Beans

Chick Peas or Lentils  
Select Varieties, 540 ml.

**2 FOR \$4**



## Ocean's Light Tuna

Chunk or Flaked, Select Varieties  
170 g.

**2 FOR \$4**



## Naturally Good

### Kaslo Sourdough Pasta

Spaghetti or Linguine  
454 g.

**9.98**



### Gentle Earth Room & Linen Spray

Select Varieties  
250 ml.

**7.98**



## Lundberg Basmati Rice

Brown, 907 g.

**12.98**

## Western Family Pickles

Select Varieties, 375-500 ml.

**2.78**

## Unico Ripe Olives

Sliced or Pitted, 200 ml.

**2 FOR \$3**

## Western Family Signature Jalapeño Spread

or Red Chili, 300 g.

**2 FOR \$8**

## Knorr Pasta Sauce Mix

Alfredo or Carbonara  
1 Pack

**2 FOR \$3**

## VH Soya Sauce

Regular or Lite, 380 ml.

**3.78**

## Western Family Tortillas

Select Varieties  
8-12 Pack

**2 FOR \$6**

## Western Family Jalapeño Slices

375 ml.

**2 FOR \$5**

## Western Family Taco Seasoning Mix

or Fajita, 35 g.

**4 FOR \$5**

## Western Family Refried Beans

Select Varieties  
398 ml.

**2 FOR \$4**

## Ocean's SnackIt

Lemon Pepper  
96 g.

**2.28**

## Kraft Dinner Specialty Pasta

Select Varieties  
156-175 g.

**2 FOR \$4**



## Bush's Best Baked Beans

Select Varieties  
398 ml.

**3 FOR \$6.99**



## Hormel Real Bacon

Pieces  
100 g.

**5.98**



## Kraft Real Mayo

890 ml.

**6.98**



## Kraft Miracle Whip

Original  
650 ml.

**4.98**



## Heinz Mustard

or Dijon  
265-380 ml.

**2 FOR \$5**



## Heinz Ketchup

Select Varieties  
375 ml.

**2.98**



## Campbell's Cream of Mushroom Soup

Tomato, Vegetable or Chicken Noodle  
Select Varieties, 284 ml.

**3 FOR \$4.98**



## Nong Shim Noodle Bowls

Select Varieties  
86 g.

**4 FOR \$7**



## Shake'n Bake Coating Mix

Select Varieties  
142-184 g.

**4.28**



## VH Cooking Sauce

Select Varieties  
341-355 ml.

**2 FOR \$9**



## Hidden Valley Ranch Dressing

or Tzatziki, Select Varieties  
473 ml.

**2 FOR \$8**

## Clover Leaf Crab meat

120 g.

**7.98**

## Western Family Wild Crab Salad Meat

120 ml.

**3.98**

## Western Family Clam Nectar

284 ml.

**2 FOR \$7**

## Clover Leaf Baby Clams

Whole, in Water  
142 g.

**2 FOR \$6**

## Spam Luncheon Meat

Select Varieties  
340 g.

**4.98**

## Green Giant Vegetables

Select Varieties  
341-398 ml.

**4 FOR \$9**

## Unico Sundried Tomatoes

Julienne Cut, 210 ml.

**2 FOR \$9**

## Primo Egg Noodles

Lasagne or Cannelloni  
Select Varieties  
250-500 g.

**2 FOR \$7**

## Barilla Lasagne Noodles

454 g.

**2 FOR \$9**

## Barilla Pasta

Select Varieties  
340-410 g.

**2 FOR \$6**

## Knorr Bouillon

Chicken or Beef  
6 Pack

**2 FOR \$5**

# SNACK ATTACK!



**Nature Valley Granola Bars**  
Fibre 1, Chex Mix or Reese  
Select Varieties, 120-210 g.

**2 FOR \$6**

**HOT! DEAL**

**Nestlé Tablet Bars**  
Select Varieties  
95-105 g.

**2 FOR \$7**



**Tostitos Tortilla Chips**  
Select Varieties  
210-295 g.

**2 FOR \$9**



**Smartfood Popcorn**  
Select Varieties  
150-220 g.

**2 FOR \$9**



**Christie Good Thins**  
Select Varieties  
100 g.

**2 FOR \$9**

**Christie Oreo Cookies**  
Gluten Free  
342 g.

**848**

**Betty Crocker Fruit Snacks**  
Mott's or Gushers  
Select Varieties, 128-226 g.

**2 FOR \$7**

**Mars King Size Chocolate Bar**  
Snickers or Twix  
85-93 g.

**2 FOR \$5**

**Cadbury Chocolate Bars**  
Select Varieties  
1 Pack.

**3 FOR \$4.98**

**Western Family Tortilla Chips**  
Nacho Cheese or Zesty Taco  
240 g.

**2 FOR \$5**

**RXBAR Protein Bars**  
Select Varieties  
52 g.

**2 FOR \$4**

**Lindt Chocolate Bars**  
Select Varieties  
100 g.

**5.98**

**Pace Chunky Salsa**  
Mild or Medium  
428 ml.

**2 FOR \$8**

**Orville Redenbacher Popcorn**  
Buttery or Extra Butter  
3 Pack

**2 FOR \$8**



**Lay's Potato Chips**  
Select Varieties  
165-235 g.

**2 FOR \$8**



**Cheetos Snacks**  
Select Varieties  
180-285 g.

**2 FOR \$9**




**Hardbite Potato Chips**  
Select Varieties, 150 g.

**2 FOR \$5**

**HOT! DEAL**

**Guinness Non-Alcoholic Draught**

**10.98**

**Nanton Spring Water**  
24 x 500 ml.  
\*Plus Deposit.

**4.98**

**Western Family Prune Nectar**  
1.36 litre  
\*Plus Deposit.

**5.98**

**Nestea Iced Tea**  
Lemon or Peach, 10 x 200 ml.  
\*Plus Deposit.

**4.98**

**Ocean Spray Cranberry Cocktail**  
or Cran-Grape, 6 x 295 ml.  
\*Plus Deposit.

**6.98**

**C4 Energy Drink**  
Select Varieties, 473 ml.  
\*Plus Deposit.

**2 FOR \$7**

**Pepsi or 7Up Beverages**  
Select Varieties, 6 x 710 ml.  
\*Plus Deposit.

**7.98**

**Gatorade Sports Beverages**  
Select Varieties, 6 x 591 ml.  
\*Plus Deposit.

**8.48**

**Gatorade G-Fit Sports Beverages**  
Select Varieties, 6 x 500 ml.  
\*Plus Deposit.

**6.98**

**Gatorade Drink Crystals**  
Select Varieties  
560 g.

**7.48**

**Bubly Sparkling Water**  
Select Varieties, 12 x 355 ml.  
\*Plus Deposit

**6.98**



**Nestea Iced Tea**  
or Zero Sugar, 473 ml.  
\*Plus Deposit

**2 FOR \$6**



**San Pellegrino Sparkling Water**  
or Perrier, Select Varieties  
750 ml.-1 litre, \*Plus Deposit

**3 FOR \$6.99**



**Montellier Sparkling Water**  
Select Varieties, 10 x 355 ml.  
\*Plus Deposit

**6.48**



**Western Family Sparkling Spring Water**  
or Lemon Lime, 2 litre  
\*Plus Deposit

**2 FOR \$3**



**Heinz Tomato Juice**  
1.36 litre  
\*Plus Deposit

**5.48**



**Oasis Juice**  
or Del Monte Nectar, Select Varieties  
960 ml., \*Plus Deposit

**3 FOR \$6.99**



**Pepsi or 7Up Beverages**  
Select Varieties, 12 x 355 ml.  
\*Plus Deposit

**8.48**



## THIRSTY?

**Martinelli Sparkling Apple Juice**  
750 ml.  
\*Plus Deposit.

**6.48**

**Coke or Canada Dry Beverages**  
Select Varieties, 24 x 355 ml.  
\*Plus Deposit

**15.98**



# HOUSEHOLD MUST HAVES

**Charmin Ultra  
Bathroom Tissue**  
Soft or Strong, Mega 9 Roll

**14<sup>98</sup>**

**Bounty  
Paper Towel**  
Double 4 Roll

**11<sup>98</sup>**

**Method  
Dishwasher Packs**  
Lemon Mint or Free + Clear  
30 Pack

**13<sup>98</sup>**

**Scotch Brite  
Scrub Sponges**  
Zero Scrub or Heavy Duty  
3 Pack

**3<sup>98</sup>**

**Western Family  
Cling Wrap**  
60 m.

**2<sup>98</sup>**



**Alcan  
Aluminum Foil**  
Heavy Duty  
12" x 30'

**3<sup>48</sup>**



**Western Family  
Garbage Bags**  
Regular  
40 Pack

**9<sup>98</sup>**



**Gain  
Laundry Detergent**  
Select Varieties  
32 Use

**7<sup>98</sup>**



**Oxi Clean  
Stain Remover**  
680 g.

**6<sup>98</sup>**



**Downy  
Scent Booster**  
or Gain, Select Varieties  
379 g.

**11<sup>98</sup>**



**Western Family  
Fabric Softener**  
Fresh Scent  
120 Sheets

**4<sup>98</sup>**



**Dawn Powerwash  
Dish Liquid**  
Fresh or Lemon  
473 ml.

**6<sup>98</sup>**



**Finish Jet-Dry  
Rinse Aid**  
3 In 1  
250 ml.

**5<sup>48</sup>**



**Green Works  
Toilet Bowl Cleaner**  
709 ml.

**5<sup>98</sup>**



**Swiffer  
Wet Cloths**  
or Dry  
12-16 Pack

**6<sup>98</sup>**



**3M  
Duct Tape**  
Heavy Duty  
1 Roll

**5<sup>98</sup>**



## PERSONAL CARE

**Crest  
Toothpaste**  
Cavity or Tartar Protection  
125 ml.

**2<sup>28</sup>**

**One Step  
Hand Sanitizer Gel**  
236 ml.

**3<sup>48</sup>**

**Method  
Deodorant**  
Select Varieties  
75 g.

**11<sup>98</sup>**

**Cold FX  
Caplets**  
Extra Strength  
12 Pack

**9<sup>98</sup>**

**Huggies Snug & Dry  
Diapers**  
or Little Snugglers  
Select Varieties, 66-128 Pack

**42<sup>98</sup>**

**Children's  
Tylenol**  
Select Varieties  
100 ml.

**8<sup>98</sup>**



**Advil  
Tablets**  
or Caplets  
24 Pack

**4<sup>98</sup>**



**Live Clean  
Shampoo**

or Conditioner, Select Varieties  
350 ml.

**6<sup>98</sup>**



## PET'S CORNER

**Purina One  
True Instinct Dog Food**  
Turkey & Venison or Beef & Bison  
6.8 kg.

**35<sup>98</sup>**



**IAMS Proactive Health  
Dog Food**  
Lamb & Rice or Chicken & Whole Grain  
1.59 kg.

**8<sup>98</sup>**



**Fancy Feast  
Cat Food**  
Select Varieties  
85 g.

**4 FOR \$5**



**Super Saver  
Cat Litter**  
Clumping  
4 kg.

**5<sup>98</sup>**



# MARKET FRESH PRODUCE



## Hot House Beefsteak Tomatoes

Canadian Grown, Canada #1 Grade  
kg. 5.47

lb. **2<sup>48</sup>**



## Hot House Mixed Colour Peppers

Canadian Grown  
2 lb. Bag

Each **4<sup>48</sup>**



## Field Carrots

Canadian Grown  
Canada #1 Grade  
2 lb. Bag

Each **1<sup>98</sup>**



## Jumbo Red Onions

Canadian Grown  
kg. 5.47

lb. **2<sup>48</sup>**



## ORGANICS

### Organic Mushrooms

Whole or Sliced, Canadian Grown  
227 g.

Each **2<sup>48</sup>**



## Haven Greens Baby Green Leaf

Red & Green Leaf or Baby Spring Mix  
Product of Canada, 4 oz.

Each **4<sup>48</sup>**



## Romaine Lettuce

U.S. Grown

Each **2<sup>98</sup>**



## Sweet Oranges

South African Grown  
4 lb. Bag

Each **6<sup>98</sup>**



## Bartlett Pears

Washington Grown  
3 lb. Bag

Each **7<sup>98</sup>**



## Fresh Avocados

Mexican Grown  
4 Pack

Each **4<sup>98</sup>**



## Kiwi Fruit

New Zealand or Italy Grown

4 FOR \$5



## Red Seedless Grapes

California Grown, #1 Grade, kg. 7.67

lb. **3<sup>48</sup>**

## Organic Celery Hearts

Product of U.S.A.  
2 Pack

Each **2<sup>98</sup>**



## Organic Gala Apples

Canadian or Washington Grown  
Fancy Grade  
3 lb. Bag

Each **6<sup>48</sup>**



# BAKERY BARGAINS



## Portuguese Buns

or White Hoagie Buns, 7 Inch  
6 Pack

Each **2<sup>98</sup>**



## Pumpkin Pie

8 Inch, 520 g.

Each **6<sup>98</sup>**



## Raisin Bread

Each **3<sup>98</sup>**



## Sugar Plum Cheese Cakes

6-Inch, Select Varieties  
550 g.

Each **13<sup>98</sup>**



## More Favourites ...

### Apple Valley 8" Fruit Pies

Select Varieties  
680 g. .... Each

**9<sup>98</sup>**

### Sugar Plum Cakes

Select Varieties  
550-660 g. .... Each

**14<sup>98</sup>**

### Apple Valley Tart Shells

Sweet or Plain  
570 g. .... Each

**6<sup>98</sup>**

### Dempster's 10" Tortillas

Select Varieties  
6-10 Pack .... Each

**4<sup>48</sup>**

## The Worthy Crumb Pecan Tarts

or Lemon  
6 Pack

Each **7<sup>98</sup>**



## Villaggio Italian Style Bread

Artisano or Toscana, Select Varieties  
510-540 g. or 6-8 Pack

2 FOR \$7



BAKERY SPECIALS MAY NOT BE AVAILABLE AT ALL AG FOODS LOCATIONS.