

WESTERN FOODS

We reserve the right to limit quantities. Products may not be exactly as shown. See store for details.

YOUR **COMMUNITY** FOOD STORE

SINCE 1974 OUR FAMILY RUN BUSINESS
HAS SERVED THE WESTERN COMMUNITY.

PRICES IN EFFECT APRIL 30 - MAY 06, 2025

MORE GREAT
SPECIALS
IN-STORE!

THURSDAYS ARE SENIORS DAYS
SAVE 10% ON MOST ITEMS

EVERGREEN CENTRE, 6660 SOOKE RD 250-642-4134
www.westernfoods.com   



PRODUCE



California
Lemons

39¢ ea

Mexico
Field Cucumbers

99¢ ea

Mexico
Tomatillo Peppers

4.39kg

1.99 /lb

Mexico
Zucchini Squash

3.28kg

1.49 /lb

B.C.
Roma Tomatoes

2.84kg

1.29 /lb

Canada
Mini Sweet Peppers

1lb

3.49

Mexico
Haden Mangoes

2/5.00

BC
Organic Red Beets

1lb

3.29

Mexico
Organic Pink Grapefruit

2/3.00

MEAT

BOGO

Pork Tenderloin

19.80kg

8.99 /lb

Farmhouse
Chicken Drumsticks

5.48kg

2.48 /lb

AA
Tenderized Steak

18.48kg

8.38 /lb

AA
Stewing Beef

16.99kg

7.70 /lb

Schieders
Original Bacon

375g

7.99

Assorted
Grimms Ham Steaks

250g

5.49

Assorted
Belmont Burgers

852g

14.49

SEAFOOD

Fresh Wild
Grey Cod Fillets

4.99 /100g

Crab Cakes

2.49 /100g

Candied Salmon Nuggets

5.90 /100g

FROZEN

Island Farms
Classic Ice Cream or Sherbet

1.65L

4.99

Pillsbury
Pizza Pops

380g

3/9.99

Casa Di
Mama or Ristorante
Pizza

329g-410g

5.99

McCain
Spirals or Tasty Taters

800g

2/8.98

GROCERY

Hellman's
Mayonnaise

750ml-890ml

4.99

Azuri
Italian Coffee

907g

21.99

Purex
Triple Roll Bathroom Tissue

20roll

14.99

Kraft
Salad Dressings

425ml

2/8.00

Aquafina
Water

12/500ml

6.99 +dep

Western Family
Prepared Squeeze Mustard

225ml

2/2.98

Sunrype
Pure or Blended Juice

900ml

2/5.00 +dep

Del Monte
Vegetables

341ml-398ml

2/4.98

Munchie
Mix

250g

4.28

Quaker
Rice Cakes or Crispy Minis

100g-199g

2/6.98

Purina Beneful
Dog Food

7kg

29.98

Classico
Alfredo, Pesto or Pasta Sauce

410ml-600ml

2/5.98

Western Family
Broth

946ml

2/4.00

Ruffles
Potato Chips

200g

4.28

Coca
Cola

12/355ml

7.98 +dep

Campbell's
Ready To Serve Soups

515ml

2/6.00

Western Family
Skipjack Tuna

170g

4/7.00

Western Family
Complete Pancake Mix

905g

2/7.98

Betty Crocker
Instant Potatoes

141g-180g

4/11.00

Kellogg's
Nurtigrain Cereal Bars

295g

2/7.00

Unico
Vegetable Oil

3L

9.99

Kraft
BBQ Sauce

455ml

2/4.98

Old Dutch
Arriba Tortilla Chips

235g

2/8.00

Cheez It
Snack Crackers

191g-200g

2/6.98

NATURAL

Only Goodness
Whole or Milled Flaxseed

500g

6.49

Caboo
Bath Tissue

12roll

9.99

Gimme
Roasted Seaweed Snacks

10g

2/5.00

Chef Woo
Noodle Cups

71g

2/5.00

Sparkmouth
Tonic Water

4x355ml

5.99 +dep

Tasty
Indian Cooking Sauces

350ml

7.49

Triple Jims
Apple Cider

946ml

5.49 +dep

Daiya
Cheezecake

400g

6.49

NATURAL FROZEN

Beyond
Meat Sausages

400g

9.99

GLUTEN FREE

Only Goodness
Gluten Free 1 to 1 Flour

1.65kg

14.99

DELI

Maple Lodge
Chicken Breast

1.99 /100g

Taco Com
Quinoa Salad

100g

1.49

Sausage
Rolls

1.49 ea

Fresh Fried
Chicken Wings

1.49 ea

BAKERY

Made In Store
Canadian Rye

2.99 ea

Made In Store
Cheese Kaisers

6's

3.89

Crumpets

284g

2.89

Compliments
Powdered Donuts

454g

4.89

DAIRY

Island Farms
Table Cream

1L

4.59

Philly
Dips

227g

2/6.98

Liberte
Mediterranean Yogurt

500g

2/8.98

Western Family
Cheese Shreds

320g

5.98