



WESTERN FOODS

YOUR COMMUNITY FOOD STORE - *Founded in 1974* - LOCALLY OWNED

6660 Sooke Road
Open 7 Days a Week 7:00am to 10pm
We reserve the right to limit quantities.
Items may not be exactly as shown
WESTERNFOODS.COM • 250.642.4134

Order Now!
FREE RANGE TURKEY
Order your free range turkey
now for Christmas!



GROCERY	Heinz Squeeze Ketchup 1L 3.29	Kraft Macaroni & Cheese Dinner 225g 89¢	Kellogg's Regular or Holiday Rice Krispies 440g 3.99	Ronzoni Pasta Sauce 650 mL 2.29	Kraft Mayonnaise 890 mL 3.49	Unico Chick Peas or Beans 540 mL 4/5.00	Nabob Tradition Coffee 300g 5.99	Tropic Isle Fruit in Syrup 398 mL 99¢	Old Dutch XXL Potato Chips 255g 3/8.00
Lays XXL Potato Chips 255g 3/8.00	Daltons Red or Mixed Glace Cherries 225g 3.99	Quaker Dippys Granola Bars 185g 2/4.00	Christie Good Things Crackers 105g 2.69	Western Foods White or 60% Whole Wheat Bread 510g 99¢	Ken L Ration Kibbles & Bits Dog Food 8kg 13.99	NATURAL FROZEN Datsya Dairy Free Dessert Bars 3x77 mL 5.49	Hilary's Eat Well Veggie Burgers 181g 2.99	GLUTEN FREE Care Bakery Gluten Free Sandwich Buns 392g 5.99	Little Northern Bakehouse Vegan Bread 454-482g 4.49
Del Monte Fruit in water 4x112 mL 2.69	Daltons Cut Mixed Peel 225g 2.99	Planters Smooth or Crunchy Peanut Butter 500g 2/5.00	Stagg Chili Con Carne 425g 2.69	Dempster's Original or Sesame Bagels 8kg 2.79	Meow Mix Cat Food 8kg 19.99	Barbara's Bakery Cheese Puffs 115-198g 2.69	BAKERY Garlic Bread 2.99	Garlic Cheese Scissor Rolls 3.29	Greek Pita Bread 4s 2.99
Diet Coca Cola 8x330 mL 3.99	Tomato Paste 196 mL 69¢	Rokstar Energy Drink 500g 3/5.00	All Varieties Pepsi Cola 1L 4/5.00	Dempster's Signature White or 100% W.W. Bread 600g 2/5.00	Purex Double Roll Bathroom Tissue 8s 4.99	Omega Nutrition Apple Cider Vinegar 346 mL 4.99	Hot Deli Foods AVAILABLE 9AM-8PM	Apple/Cherry Strudels 6s 4.29	Hungarian or German Salami 2.99
Kool Aid Liquid Water Enhancer 48 mL 2.99	Christie Graham, Chocolate or Vanilla Wafers or Crumbs 400g 3.69	Bengal Basmati Rice 4kg 9.99	Rogers Best Brown, Golden or Yellow Sugar 1kg 2/4.00	Planters Dry Roasted Peanuts 600g 4.49	Soap Pads 10s 2/3.00	Blue Monkey Coconut Water 520 mL 2/4.00	DELIVERY	Cheeddar 200g 25% OFF	Mayflower Sausage Rolls 1.19
B.C. Extra Fancy Gala Apples 1.96/kg 89¢	PRODUCE	AAA Sirloin Tip Roast 11.00/kg 4.99	MEAT	Island Farms Cottage Cheese 500g 2.99	DAIRY	Annies Homegrown Pasta & Cheese Meals 170g 2/4.00	NATURAL & ORGANIC	Cow Tree Aged 1-3 Years Cheddar 25% OFF	Frico Mild, Medium or Smoked Gouda Cheese 3.49
Mexican Long English Cucumbers 2/2.50	California Small Navel Oranges 1.96/kg 89¢	AAA Sirloin Tip Steak 11.00/kg 4.99	AAA Stir Fry Beef 13.21/kg 5.99	Natrel 10% Lactose Free Cream 1L 3.49	Single Cheese Slices 3.99	Blue Monkey Coconut Water 520 mL 2/4.00	O.N.E. Coffee Pods 132g 6.99	Tru Stella Shredded Cheese 170-200g 3.99	Earth Balance Organic Whipped Spreads 300g 4.99
California #1 Yams 3.08kg 1.39	Vancouver Island Assorted Squash 1.52kg 69¢	Fresh Ground Sirloin 12.10/kg 5.49	Grimm's Pepperoni 450g 6.99	McCain Regular Diced Hashbrowns 900g 3/5.00	FROZEN	O.N.E. Coffee Pods 132g 6.99	Popcorn 125g 3.49	Dr. Oetker Cass di Mama Pizza 395g 4.29	Imagine Organic Broths 345 mL 2.99
California/Mexico Green Kale 2/2.50	B.C. Crown Green Cabbage 1.36kg 59¢	Harvest Bulk Wieners 99¢	Harvest Bacon 500g 10.99	McCain Hashbrowns 900g 3/5.00	Dr. Oetker Cass di Mama Pizza 395g 4.29	Skippy Popcorn 125g 3.49	Underground Kombucha 355 mL 2.99	Tenderflake Puff Pastry 400g 2.99	Happy Planet Organic Juices 346 mL 2.69
B.C. Crown Roaster Russet Potatoes 5lbs 2/3.00	Organic Chinese Mandarin Oranges 4lbs 2/10.00	Previously Frozen Sockeye Salmon Fillets 2.99	SEAFOOD	Crab Meat 1.49	Shrimp Meat 2.99	Earth Balance Organic Whipped Spreads 300g 4.99	Earth Balance Organic Juices 346 mL 2.69	Island Farms Classic Ice Cream 1.65L 3.99	Nature's Path Organic Nut Butter Cereal 304g 3.99

MORE Great specials in-store! PRICES IN EFFECT NOVEMBER 28 TO DECEMBER 4 2018 THURSDAYS ARE Senior's Days - SAVE 10% ON MOST ITEMS SHOPPING SERVICE for shut-ins on Thursdays Call 250-642-4134